

Recommended HVAC Service Frequency

How Often Should You Service Your HVAC System?

To keep your HVAC (Heating, Ventilation, and Air Conditioning) system running efficiently and reliably, it is generally recommended to have it professionally serviced at least once a year. Most experts suggest scheduling maintenance in the spring for air conditioning systems and in the fall for heating systems. This helps ensure your equipment is operating optimally before the periods of heavy use.

Why Annual Service Matters

- **Efficiency:** Regular maintenance helps your system run more efficiently, which can lower energy bills.
- **Preventive Care:** Technicians can identify and fix minor issues before they become major, costly problems.
- **Longevity:** Annual service can extend the life of your HVAC equipment by reducing wear and tear.
- **Air Quality:** Service includes cleaning and replacing filters, which improves indoor air quality.
- **Warranty Compliance:** Many manufacturers require yearly maintenance to keep warranties valid.

Additional Tips

- Change or clean your air filters every 1-3 months, depending on system usage and filter type.
- If your system is older or used heavily, consider more frequent inspections—twice a year that may be beneficial.
- Look out for unusual noises, poor performance, or increased energy costs, which may signal a need for immediate service.

Regular HVAC service is a simple step that pays off in comfort, efficiency, and long-term savings.